



**EARTH WALKER PANTRY GRANOLA (V / GF / VO)** 19  
TOFFEE BANANA / GREEK YOGHURT / DARKES FOREST SEASONAL FRUIT

**DARKES FOREST STONE FRUIT & RICOTTA TOAST (V / GFO)** 23  
RYE SOURDOUGH / RICOTTA / HONEY / STONEFRUIT / CINNAMON SALTED NUTS  
+ADD SMOKEY BACON 6

**RUSTIC AVO (V / VO / GFO)** 22  
RYE SOURDOUGH / HERBED OIL / WHIPPED FETA / PICKLED VEG / PUMPKIN HUMMUS / TURMERIC DUKKAH  
+ ADD FREE RANGE EGG 3.5 / SMOKEY BACON 6 / SMOKED TROUT 7 / SOUTHERN FRIED CHICKEN 7  
+ BAGEL INSTEAD OF SOURDOUGH 3

**SUNNY OR FOLDED EGGS (V / DFO / GFO)** 20  
RYE SOURDOUGH / HERB OIL / PECORINO / TOASTED SESAME SEEDS  
+ ADD AVOCADO 6 / SMOKEY BACON 6 / SMOKED TROUT 7 / SOUTHERN FRIED CHICKEN 7  
+ WHIPPED FETA 2

**TURKISH EGGS (V / DFO / GFO)** 22  
RYE SOURDOUGH / TWO FREE RANGE EGGS / CONFIT GARLIC CHILLI OIL / HERBED YOGHURT  
+ ADD AVOCADO 6 / SMOKEY BACON 6 / SMOKED TROUT 7 / SOUTHERN FRIED CHICKEN 7

**EARTH WALKER BURRITO (V / VE)** 22  
WHOLEMEAL SEEDED WRAP / ORGANIC TURMERIC LENTILS & QUINOA / ROASTED PUMPKIN / GARDEN GREENS / AVOCADO / SMOKEY BEANS / KRAUT / HOUSE MADE SMOKEY BBQ SAUCE

**BRISKET BURRITO (DFO)** 22  
WHOLEMEAL SEEDED WRAP / ORGANIC TURMERIC LENTILS & QUINOA / ROASTED PUMPKIN / GARDEN GREENS / PICKLED DILL CUCUMBER / HOUSE SMOKED BRISKET / MOZZARELLA CHEESE / HOUSE MADE SMOKEY BBQ SAUCE

**FARM ROLL (GFO)** 17  
MILK BUN / SMOKEY BACON / FREE RANGE FRIED EGG / HOUSE AIOLI  
+ ADD SWISS CHEESE 3 / AVOCADO 6

**LOX BAGEL (DFO)** 21  
BAGEL / SMOKED TROUT / CREAM CHEESE / HOUSE AIOLI / CAPERS / HOUSE PICKLED VEG  
+ ADD FREE RANGE FRIED EGG 3.5 / AVOCADO 6

**EARTH BOWL (V / DFO / GFO / VO)** 24  
RYE SOURDOUGH / FREE RANGE FRIED EGG / PUMPKIN / FALAFEL / ORGANIC QUINOA / LENTILS / AVOCADO / PUMPKIN HUMMUS / HOUSE PICKLED VEG / KALE /  
**MAKE IT VEGAN** - SUB EGG FOR EXTRA FALAFEL  
+ADD EXTRA FREE RANGE EGG 3.5 / SMOKEY BACON 6 / SMOKED TROUT / SOUTHERN FRIED CHICKEN 7  
GRILLED CHICKEN BREAST 7

**GARDEN HARVEST SALAD (V / DFO / GF / VO)** 23  
ROASTED BEETS / CARROTS / ZUCCHINI / CRISPY KALE / EGGPLANT CHUTNEY / HERBED YOGHURT / TOASTED NUTS /  
+ ADD AVOCADO 6 / SMOKEY BACON 6 / SMOKED TROUT 7 / SOUTHERN FRIED CHICKEN 7 / GRILLED CHICKEN BREAST 7 / FALAFEL 6

**BRISKET SAMBO** 20  
RYE SOURDOUGH / BRISKET / SWISS CHEESE / HOUSE AIOLI / CARAMELISED ONIONS / HOUSE PICKLES / KRAUT

**SOUTHERN CAULI TACOS (VO / DFO)** 22  
HOUSE AIOLI / RAINBOW SESAME SLAW / HOUSE PICKLED VEG / CRISPY FRIED ONIONS / SRIRACHA MAYO

**SOUTHERN FRIED CHICKEN BAO BUN (DFO)** 22  
RAINBOW SLAW / HOUSE PICKLED VEG / SRIRACHA MAYO / FRESH HERBS / TOASTED SESAME SEEDS / CRISPY FRIED ONIONS

**EARTH BURGER (GFO)** 23  
MILK BUN / WAGYU BEEF / CARAMELISED ONION / SWISS CHEESE / HOUSE PICKLES / HOUSE AIOLI / RAINBOW SESAME SLAW / CRISPS  
+ ADD FREE RANGE FRIED EGG 3.5 / AVOCADO 6 / SMOKEY BACON 6

**SOUTHERN FRIED CHICKEN BURGER** 23  
MILK BUN / SOUTHERN FRIED CHICKEN / HOUSE PICKLED ONION / RAINBOW SESAME SLAW / ORGANIC GREENS / CRISPS  
+ ADD SWISS CHEESE 3 / FREE RANGE FRIED EGG 3.5 / AVOCADO 6 / SMOKEY BACON 6

**EARTH WALKER HARVEST BURGER (V / DF / GF / VE)** 24  
GLUTEN FREE BREAD / TURMERIC SWEET POTATO, LENTIL & QUINOA PATTY / RAINBOW SLAW / ALFALFA / PICKLED CARROT / PUMPKIN HUMMUS / EGGPLANT CHUTNEY

**MALAY NOODLES (VO)** 24  
FLAT RICE NOODLES / HOUSE SATAY SAUCE / TOASTED SESAME SEEDS / CRISPY ONIONS  
+ ADD GRILLED CHICKEN BREAST 7 / SOUTHERN FRIED CHICKEN 7

**- KIDDIES (UNDER 12 YEARS) -**

**RYE MICHE SOURDOUGH (GFO)** 10  
BUTTER / JAM / VEGEMITE / PEANUT BUTTER / (SPREADS ONLY)

**LITTLE FARM ROLL (GFO)** 13  
MILK BUN / SMOKEY BACON / FREE RANGE FRIED EGG / CHOICE OF TOMATO OR BBQ SAUCE

**LITTLE EARTH BURGER (GFO)** 13  
MILK BUN / WAGYU BEEF / SWISS CHEESE / ORGANIC GREENS / CRISPS / CHOICE OF TOMATO OR BBQ SAUCE

**RYE CHEESE TOASTIE (GFO)** 11  
RYE SOURDOUGH / SWISS CHEESE / HOUSE AIOLI / PECORINO

**1.6% SURCHARGE ON ALL CARD TRANSACTIONS / 10% SURCHARGE ON WEEKENDS  
NO ALTERATIONS TO MENU ON WEEKENDS OR BUSY PERIODS**

**PLEASE ADVISE STAFF OF ANY ALLERGIES - OUR KITCHEN CONTAINS NUTS, SEEDS AND GLUTEN**

V – VEGO

DFO – DAIRY FREE OPTION

GF – GLUTEN FREE

GFO – GLUTEN FREE OPTION

VO – VEGAN OPTION

VE – VEGAN

*the usual picks***MECCA HOUSE BLEND COFFEE**

CAPPUCHINO / LATTE / FLAT WHITE	4.7 / 5.5
LONG BLACK / ICED LONG BLACK	4.5 / 5
PICCOLO / ESPRESSO / MACCHIATO	4.5
HOT CHOCOLATE / MOCHA / CHAI	4.7 / 5.5
AFFOGATO	7
ICED LATTE / ICED CHAI	7
ICED CHOCOLATE / MOCHA	7
DECAF	1
+ EXTRA SHOT	.5
+ ALMOND / OAT / SOY	1

**OVVIO TEA**

ENGLISH BREAKFAST / FRENCH EARL GREY / GREEN / PEPPERMINT / RISE AND SHINE	5
--	---

**COLD PRESS JUICES**

ORANGE JUICE	9
CLOUDY APPLE JUICE	9
IMMUNITY (CARROT / GINGER / TURMERIC / APPLE)	10
SUMMER CLEANSE (WATERMELON / APPLE / MINT)	10
DETOX (APPLE / CUCUMBER / PINEAPPLE / SPINACH / KALE)	10
SUNSHINE SERENITY (PINEAPPLE / APPLE / ORANGE / LEMON / MINT)	10

**SPRITZ**

SPARKLING WATER	6
PINEAPPLE SODA WITH DEHYDRATED LIME	9
CARTON STILL WATER	6

**MILKSHAKES**

CHOCOLATE / CARAMEL / STRAWBERRY	9.5
----------------------------------	-----

*Something DIFFERENT*

<b>BREWED CHAI</b> STICKY CHAI BLEND WITH PREMIUM BLACK TEA / WHOLE SPICES AND GINGER ROOT / ALL NATURAL AND DELICIOUSLY BALANCED WITH ONLY THE BEST STUFF / MADE WITH YOUR CHOICE OF MILK	7
<b>TURMERIC ELIXIR</b> YOUR COSY AUTUMNAL SPICED BLEND & IMMUNITY BOOSTER / JUST A TOUCH OF HONEY / MADE WITH YOUR CHOICE OF MILK	7
<b>BATCH BREW</b> ROTATING SINGLE ORIGIN FILTER COFFEE / SERVED BLACK / ASK THE TEAM WHATS BREWING	7
<b>COLD BREW</b> ROTATING SINGLE ORIGIN BREW / SERVED BLACK / OVER ICE	7
<b>BULLETPROOF COFFEE</b> CREAMY AND WARM BLEND OF DOUPLE ESPRESSO / SALTED BUTTER AND COCONUT OIL	7
<b>BANANA SMOOTHIE</b> BLEND OF BANANA / HONEY / CINNAMON / YOGHURT / FULL CREAM MILK	10
<b>RAW POWER SMOOTHIE</b> BLEND OF BANANA / PEANUT BUTTER / COCOA / ALMOND MILK	10
<b>DIRTY BANANA SMOOTHIE</b> BLEND OF BANANA / ESPRESSO / HONEY / CINNAMON / OAT MILK	10
<b>GREEN SMOOTHIE</b> BANANA / BABY SPINACH / MINT / CINNAMON / PINEAPPLE JUICE / COCONUT WATER	11

AT EARTH WALKER & CO WE ARE ON A MISSION TO SERVE MORE THAN JUST COFFEE AND DELICIOUS FOOD; WE ARE DEDICATED TO CREATING A VIBRANT AND SUSTAINABLE COMMUNITY HUB WHERE EVERY CUP AND EVERY MEAL CONTRIBUTE TO A BRIGHTER FUTURE. OUR CAFÉ IS NOT JUST A PLACE TO GRAB A QUICK BITE, BUT A DESTINATION WHERE INDIVIDUALS COME TOGETHER TO FUEL THEIR PASSION FOR POSITIVE CHANGE.

WE ARE COMMITTED TO SUSTAINABILITY, FROM SOURCING LOCALLY AND ETHICALLY PRODUCED INGREDIENTS TO MINIMISING OUR ENVIRONMENT FOOTPRINT THROUGH ECO-FRIENDLY PRACTICES. OUR MENU REFLECTS OUR DEDICATION TO HEALTH AND SUSTAINABILITY, OFFERING WHOLESOME, NOURISHING OPTIONS THAT CATER TO DIVERSE DIETARY NEEDS WHILE BEING MINDFUL OF OUR ECOLOGICAL IMPACT.

OUR GOAL IS TO INSPIRE AND EMPOWER OUR STAFF AND CUSTOMERS TO SET AND ACHIEVE THEIR PERSONAL, PROFESSIONAL AND ENVIRONMENTAL GOALS. WE PROVIDE A WELCOMING AND VIBRANT SPACE FOR FOSTERING CREATIVITY, COLLABORATION, AND A SENSE OF COMMUNITY, WHERE YOU CAN CONNECT WITH LIKE-MINDED INDIVIDUALS AND WORK TOWARDS THE SHARED GOAL OF MAKING THE WORLD A BETTER PLACE.

AT EARTH WALKER & CO, WE BELIEVE IN THE POWER OF SMALL ACTIONS TO CREATE BIG CHANGES. WE ARE YOUR PARTNER IN THIS JOURNEY TOWARDS A MORE SUSTAINABLE AND FULFILLING LIFE. TOGETHER, WE CAN SAVOUR THE FLAVOUR OF SUCCESS WHILE LEAVING A POSITIVE MARK ON THE PLANET.